

## Confined Space Training Course

### Description

The course is designed for companies whose staff may be required to enter areas that are classified as confined spaces and where there may be a risk of serious injury or death. The aim of this course will be to provide awareness of a safe working environment within a confined space and to make staff aware of procedure, to ensure a safe access and egress from a confined space and to have emergency procedures in place in the event of an emergency arising whilst operators are working in the confined space. This course will include the Confined Space Regulations 1997 and other relevant Legislation.

### Duration

A one day course consisting of theory and practical work.

### Benefits to You and Your Organisation

On completion of the course the individual will be able to enter and work safely within the confined spaces, using the necessary and appropriate equipment.

### Course Content

- Safe System of Work
- The Confined Space Regulations, Health and Safety at Work Act, Management of Health and Safety at Work
- Regulations, Personal Protection Equipment Regulations, Provision and Use of Work Equipment Regulations, Control of Substances Hazardous to Health (COSHH) Regulations,
- Interpretation and recognition of confined spaces
- Safe working in confined spaces
- Use of permit to work procedures
- Plant and equipment, suitability and type
- use of gas detection equipment
- Use of compressed air breathing apparatus
- Use of Personal protective equipment
- Ventilation equipment
- Maintenance of PPE
- Daily Checks of equipment
- Manning levels
- Communication equipment and procedures
- Emergency procedures

### Certification

As the course is practically assessed, the instructor will control the environment to ensure the safety of personnel at all times. Upon completion of the course content and practical assessment, there will be a question paper to prove the competency of the students.

### Numbers

A maximum of 8 students can be accommodated on this course and each participant must be aged a minimum of 16 years or above.

### Location

We are able to deliver this course on your site, subject to a pre-course assessment of your premises, reducing your costs in respect of additional time out travelling